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# Unified Self or Network of Selves?

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## Résumé

Contrary to the classical idea of a unified core of the human person, concepts of a multiply composed self or a "network of selves" (Gallagher 2024) have been increasingly proposed in recent times. Such a network manifests itself in different functions and dimensions of self-awareness, including, for example, a bodily (interoceptive and proprioceptive) sense of self, a basic sense of self over time, a sense of agency, sensorimotor or ecological self-awareness, and a narrative or biographical self. However, it remains unclear whether a central integration of these different dimensions of the self is necessary or whether they can also be thought of as a loose association or network. With regard to the rehabilitation of stroke patients and Kurt Goldstein's related concept of the self-actualization of the organism, I will argue that an integration of self-related functions is necessary to explain these adaptive and rebalancing achievements of the organism.

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